

**South Carolina Department of Social Services  
Child and Adult Care Food Program (CACFP)**

**WEEKLY MENU FORM- SNACKS - 2016-2017**

Serving sites in Charleston County						
Sponsor Name: <u>Lowcountry Food Bank</u>		Site Name: _____		Month/Year: _____		
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Calendar Date						
<b>Snack</b>	<input type="checkbox"/> Fluid Milk					
	<input type="checkbox"/> Meat or Meat Alternate		Mozzarella Stick (1oz)	Boiled Egg (1pc)	Yogurt (4oz)	
	<input type="checkbox"/> Vegetable or Fruit					
	<input type="checkbox"/> Vegetable or Fruit	Banana	100% Apple Juice (6oz)	100% Orange Juice (6oz)		Orange
	<input type="checkbox"/> Bread or Bread Alternate	Chex Mix (PF/1oz)			WG Animal Crackers (1oz)	WG Blueberry Muffin (2oz)
	Additional Food (Optional)			Ranch dressing packet (1pkg/12grams)		
	<b>Total Number of Children Served</b>					
<b>Snack</b>	<input type="checkbox"/> Fluid Milk					
	<input type="checkbox"/> Meat or Meat Alternate			Mozzarella Stick (1oz)		Boiled Egg (1each)
	<input type="checkbox"/> Vegetable or Fruit					
	<input type="checkbox"/> Vegetable or Fruit	Banana	Apple	100% Orange Juice (6oz)		Whole Apple
	<input type="checkbox"/> Bread or Bread Alternate	Cheez-its (1oz)	Sun Chips (1oz)	WG Animal Crackers	WG Blueberry Muffin (2oz)	
	Additional Food (Optional)					Ranch dressing packet (1pkg/12 grams)
	<b>Total Number of Children Served</b>					

*Water must be served and available at every meal*

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		<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Calendar Date</b>						
<b>Snack</b>	Fluid Milk					
	Meat or Meat Alternate		Cheddar Cheese (1oz)	Boiled Egg (1each)		
	Vegetable or Fruit					
	Vegetable or Fruit	Whole Orange	Whole Apple	100% Orange Juice (6oz)	Banana	100% Apple Juice (6oz)
	Bread or Bread Alternate	Granola Bar (1.5oz)			Goldfish (1oz)	WG Blueberry Muffin (2oz)
	Additional Food (Optional)			Ranch dressing packet (1pkg/12 grams)		
<b>Total Number of Children Served</b>						