

**South Carolina Department of Social Services
Child and Adult Care Food Program (CACFP)**

Hot/Cold SUPPER 2017-2018 WEEKLY MENU

Serving: JASPER COUNTY AND CHR MEALS		Water must be available and served with every meal				
Sponsor Name: <u>Lowcountry Food Bank</u>		Site Name: _____		Month/Year: _____		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Calendar Date - Week 1						
Supper	Fluid Milk	Chocolate Milk (Non-fat)	Chocolate Milk (Non-fat)	Chocolate Milk (Non-fat)	Chocolate Milk (Non-fat)	Chocolate Milk (Non-fat)
	Meat or Meat Alternate	Sloppy Joes (F12-2oz)	Roasted Chicken thighs (1each/3.5 oz)	Chicken and Noodles (D17/8oz)	WG Turkey & Beef Macaroni (D-530/ 8oz)	Marinara Beef Meatballs (CN/5pc/2oz)
	Vegetable or Fruit	Sweet Potato Tot (6 pcs/4oz)	Green Beans (4oz)	Baked Beans (4oz)	Green Peas (4oz)	Broccoli (4oz)
	Vegetable or Fruit	Cinnamon Apples (2oz)	Peaches (2oz)	Pears (2oz)	Peaches (2oz)	Applesauce (2oz)
	Bread or Bread Alternate	WW Dinner Roll (1 each)	WW Dinner Roll (1 each)			WW Pasta (4oz)
	Additional Food (Optional)				Granola (garnish)	
Total Number of Children Served						
Calendar Date - Week 2						
Supper	Fluid Milk	Chocolate Milk (Non-fat)	Chocolate Milk (Non-fat)	Chocolate Milk (Non-fat)	Chocolate Milk (Non-fat)	Chocolate Milk (Non-fat)
	Meat or Meat Alternate	Roasted Chicken Leg (3.5 oz)	Turkey Tacos (D-130C/2 tacos/2oz)	Meatloaf (D28/2oz)	Chicken Pot Pie (D190 / 6oz)	Sliced Baked ham (2oz)
	Vegetable or Fruit	Mashed Sweet Potatoes (4oz)	Corn / Black beans (4oz)	Honey Carrots (4oz)	Collard Greens (4oz)	Mashed Potatoes (4oz)
	Vegetable or Fruit	Apples (2oz)	Pears (2oz)	Cinnamon Applesauce (2oz)	Baked Apples (2oz)	Peaches (2oz)
	Bread or Bread Alternate	WW Dinner Roll (1 each)	WG flour tortilla (1 each)	Brown Rice (4oz)		WW Dinner Roll (1pc/1 oz)
	Additional Food (Optional)					
Total Number of Children Served						

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Sponsor Name: <u>Lowcountry Food Bank</u>		Site Name: _____		Month/Year: _____		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Calendar Date - Week 3						
Supper	Fluid Milk	Chocolate Milk (Non-fat)	Chocolate Milk (Non-fat)	Chocolate Milk (Non-fat)	Chocolate Milk (Non-fat)	
	Meat or Meat Alternate	Turkey sausage (CN/2pcs/1.25oz each)	Ranch chicken leg (3.5 oz)	Baked Ham (2oz)	Beef patties (CN/1each/ 3oz)	Chicken Tenders (CN/4pcs/ 2oz)
	Vegetable or Fruit	Hash Browns (4oz)	Roasted potatoes (4oz)	Rice with Broccoli (4oz)	Applesauce (2oz)	Sweet potato tots (CN/6pc/4oz)
	Vegetable or Fruit	Cinnamon Apples (2oz)	Peaches (2oz)	Honey Carrots (2oz)	Blackeyed peas (4oz)	Pear (2oz)
	Bread or Bread Alternate	WG Pancakes (2oz/ 2each)	WW dinner roll (1 each)	WW dinner roll (1 each)	Brown rice (4oz)	WW dinner roll (1 each)
	Additional Food (Optional)	Honey packet	Granola (garnish)			
Total Number of Children Served						

Revised: 8/11/2017