

**South Carolina Department of Social Services
Child and Adult Care Food Program (CACFP)**

Hot/Cold SUPPER 2017-2018 WEEKLY MENU

Serving: Georgetown, Beaufort, Berkeley, Williamsburg, and Dorchester 4 Counties Water must be served/available at each meal

Sponsor Name: Lowcountry Food Bank Site Name: _____ Month/Year: _____

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Calendar Date - Week 1						
Supper	Fluid 1% Milk	Skim Chocolate Milk (8oz)	Skim Chocolate Milk (8oz)	1% Milk (8oz)	1% Milk (8oz)	1% Milk (8oz)
	Meat or Meat Alternate	Beef Patty (CN-2.5oz/1each)	Tuna Salad (F-11 4oz)	Turkey Sausage (2pc/CN-1.25ozeach)	Boiled Egg (1each)	Chicken Leg (1pc/4.5oz)
	Vegetable or Fruit	Apple	Grape tomatoes (4oz)	Hash Browns (2pc/4oz)	Mixed Green Salad (4oz)	Green Beans (4oz)
	Vegetable or Fruit	Baked Beans (4oz)	Orange	100% Apple Juice (6oz)	Pear	Banana
	Bread or Bread Alternate	WW Slider Bun (1pc/2oz)	WG Flour Tortilla (2pc/1.3oz)	WW Pancakes (2pc/ 1oz each)	WG Flour Tortilla (2pc/1.3oz)	WW Dinner Roll (1pc/1 oz)
	Additional Food (Optional)	1. Ranch packet 2. Cheddar Cheese (1oz/1each)		Honey packet	Ranch dressing packet (1pkg/12grams)	
	Total Number of Children Served					
Calendar Date - Week 2						
Supper	Fluid 1% Milk	Skim Chocolate Milk (8oz)	Skim Chocolate Milk (8oz)	1% Milk (8oz)	1% Milk (8oz)	1% Milk (8oz)
	Meat or Meat Alternate	Sliced Turkey (2oz) Cheddar Cheese (1oz)	Chicken BBQ Sandwich (F02-2oz)	Chicken Macaroni and Cheese (D20A/4oz)	Turkey Sausage (2pc/CN-1.25ozeach)	Turkey Taco w/Cheese (D-130C/2 tacos/2oz)
	Vegetable or Fruit	Baby Carrots (4oz)	Green Beans (4oz)	Mixed Green Salad (4oz)	Hash Browns (2pc/4oz)	Corn (4oz)
	Vegetable or Fruit	Apple	Banana	Orange	100% Orange Juice (6oz)	Salsa (2oz)
	Bread or Bread Alternate	WW Slider Bun (1pc/1.8oz)	WW Slider Bun (1pc/1.8oz)	WW Pasta (4oz)	WG Blueberry Muffin (1pc/2oz)	WG Flour Tortilla (2pc/1.3oz)
	Additional Food (Optional)	Ranch dressing packet (1pkg/12grams)		Ranch dressing packet (1pkg/12grams)	Honey packet	
Total Number of Children Served						

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Sponsor Name: Lowcountry Food Bank Site Name: _____ Month/Year: _____

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Calendar Date - Week 3						
Supper	Fluid 1% Milk	Skim Chocolate Milk (8oz)	Skim Chocolate Milk (8oz)	1% Milk (8oz)	1% Milk (8oz)	1% Milk (8oz)
	Meat or Meat Alternate	Sloppy Joe (F12-2oz)	Sliced Ham (2oz) Cheddar Cheese (1oz)	Scrambled Eggs (2oz)	Chicken Salad (E07/4oz)	Marinara Beef Meatballs (CN/5pcs/2oz each)
	Vegetable or Fruit	Sweet Potato Tots (6pc/4oz)	Baked Beans (4oz)	Hash Browns (2pc/4oz)	Celery Sticks (4oz)	Mixed Green Salad (4oz)
	Vegetable or Fruit	Banana	Pear	100% Apple Juice (6oz)	Orange	Apple
	Bread or Bread Alternate	WW Slider Bun (1pc/1.8oz)	WW Slider Bun (1pc/1.8oz)	WG Blueberry Muffin (1pc/2oz)	WG Flour Tortilla (2pc/1.3oz)	WW Pasta (4oz)
	Additional Food (Optional)					Ranch dressing packet (1pkg/12grams)
Total Number of Children Served						
					<i>Revised 8/24/2017</i>	