



CACFP MEAL PATTERNS

EFFECTIVE OCTOBER 1, 2017

THE UPDATED CACFP MEAL PATTERNS LAYS THE FOUNDATION FOR A HEALTHY EATING PATTERN FOR CHILDREN AND ADULTS IN CARE.

OPTIONAL BEST PRACTICES BUILD ON THE MEAL PATTERNS AND HIGHLIGHT AREAS WHERE CENTERS AND DAY CARE HOMES MAY TAKE ADDITIONAL STEPS TO FURTHER IMPROVE THE NUTRITIONAL QUALITY OF THE MEALS THEY SERVE.

**FIND YOUR NEAREST CACFP
PATTERN MATERIALS AND TRAINING RIGHT HERE**



WWW.CCFPROUNDTABLE.ORG