

CAPSLO Farm to Preschool

Mission Statement

Community Action Partnership of San Luis Obispo (CAPSLO) is committed to eliminating the causes of poverty by empowering lower income individuals and families to achieve self-sufficiency through a wide array of community-based programs and actions. CAPSLO Farm to Preschool provides free garden enhanced nutrition education to Early Head Start, Head Start, and migrant Head Start classrooms throughout San Luis Obispo County. Our college student-instructors provide an opportunity to children to deepen their connection to their food supply and nutritious choices through a hands-on based garden curriculum while teaching vital concepts of sustainability and ecology. Through activities, experiments, and discussions, we get kids thinking in new ways about the world that surrounds them, inspiring them to bring the message of environmental stewardship and good nutrition home to their families and friends. In this way, we strive to promote sustainability and health throughout our community, from the youngest members of society up!

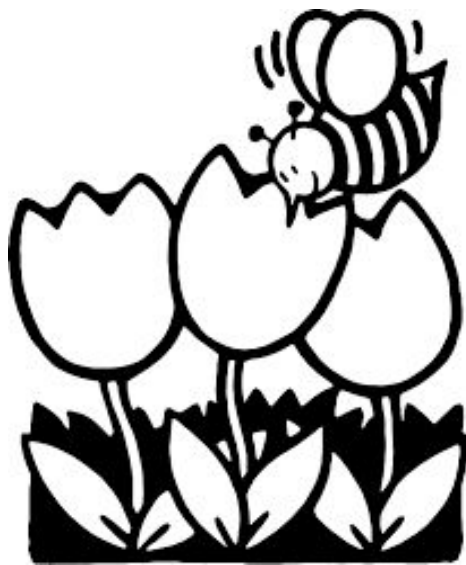


Community Action Partnership of San Luis Obispo County, Inc.

CHILD, YOUTH AND FAMILY SERVICES

This Book Belongs to:

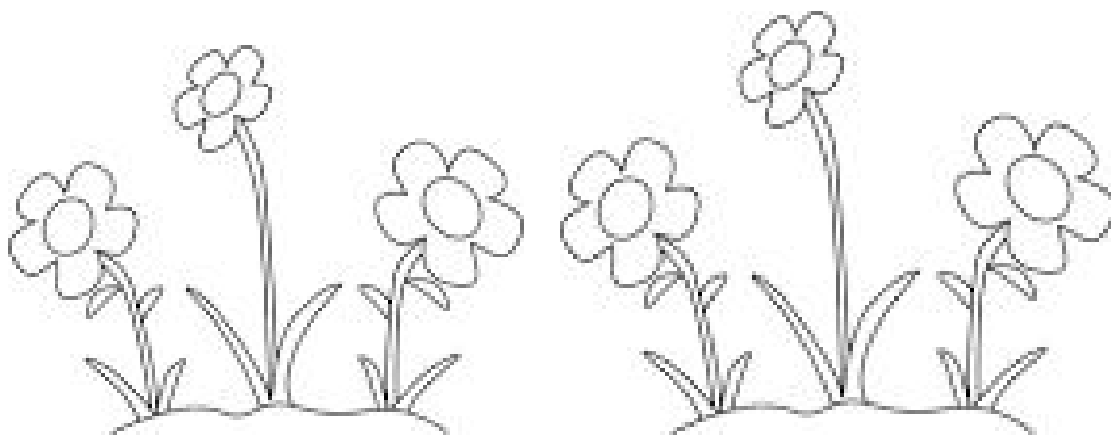
Garden Science Journal



Draw what you would like to
plant in the garden!

Draw your favorite fruit or vegetable! Honey bees help make sure plants can produce fruit and seeds.

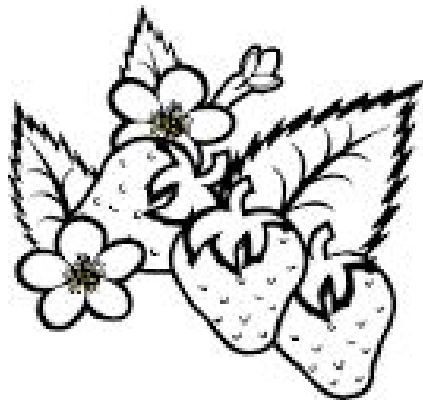
Draw honey bees pollinating the flowers below using your thumbprint!



How does a seed grow?



Plants need 4 things to survive! Can you draw sun, soil, water, and air for this plant?



Circle the plant that needs water:

