

CACFP Policy & Meal Pattern Updates

Angela Kline

Director, Policy & Program Development,
Child Nutrition Programs, FNS

Laura Carroll

Nutritionist, Community Meal Programs,
Child Nutrition Programs, FNS



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What We Have Accomplished

- Meal Patterns
- Meal Modifications
- At-Risk Afterschool Meals
- Farm to Preschool
- Disaster Response
- Q&As





Meal Patterns





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- **97** ICN trainings reaching over **3,200** people
- **>80,000** copies order of Team Nutrition materials
- **13** Memos

Transition Period

- Issued May 10, 2017
- CACFP 13-2017
 - Provides a transition period provided for **Fiscal Year 2018**
 - Will receive **technical assistance** for violations related to the updated requirements
 - Meals disallowed when **missing a component**



Documenting Meals

- Issued June 30, 2017
- CACFP 17-2017
- Explains
 - Centers and day care homes must keep **records of menus**
 - State agencies have discretion to determine **other types of acceptable recordkeeping** documents



Grain-Based Desserts

- Issued June 30, 2017
- CACFP 16-2017
- Updates
 - Crediting of **sweet crackers** (animal and graham crackers)



Revised Grain Requirements



- Issued October 19, 2017
- CACFP 01-2018
- Updates
 - Identifying **creditable grains**, including whole grain-rich grains
 - **Identifying cereals** within the sugar limit
 - **Documenting** compliance
 - Exhibit A
 - Questions and answers

Rule of Three



- **First ingredient** (or second after water) is whole grain or enriched
- Next **two grain** ingredients (if any) are:
 - Whole grain
 - Enriched
 - Bran **OR**
 - Germ

Rule of Three



Ingredients: Water, **Whole Wheat Flour**,
Yeast, Sugar, **Enriched White Flour**, Wheat
Gluten, **Brown Rice Flour**, Salt

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Revised Feeding Infant Requirements

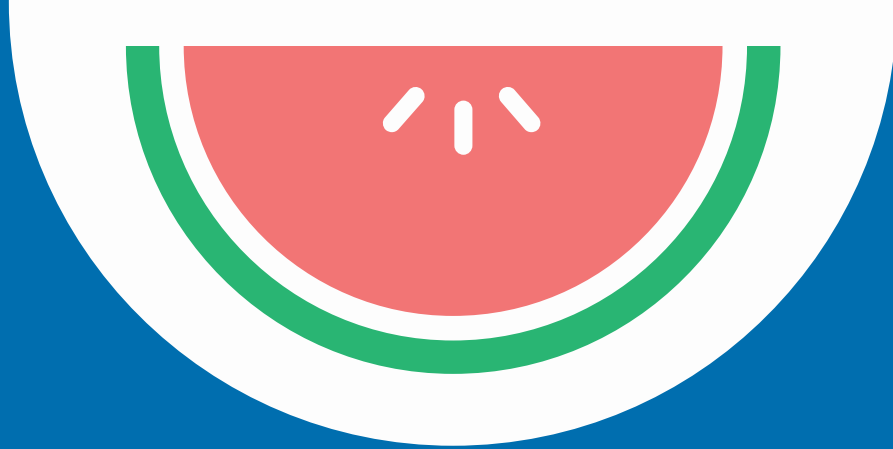


- Issued October 19, 2017
- CACFP 02-2018
- Includes
 - Clarification on **documenting** compliance
 - Updated guidance on **meal accommodations**
 - New and updated **questions and answers**

Preschool Meals



- Issued October 19, 2017
- SP 01-2018
- Outlines
 - **Preschool** meal pattern requirements
 - **Co-mingling** flexibilities
 - **Questions and answers**



Meal Modifications



Modifications to Accommodate Disabilities



- Issued June 22, 2017
- CACFP 14-2017
- Explains
 - Operators are required to make **reasonable modifications** to accommodate disabilities
 - **Most** physical and mental impairments will constitute a disability
 - Medical statement only required when the modification is **outside of the meal pattern**

ADA Amendments Act of 2008



- **Expanded** and clarified the definition of “disability”
 - Condition **does not** need to severely restrict major life activity
 - May include an impairment that is **episodic** or in **remission**
 - New category: **“Major Bodily Functions”**

Reasonable Accommodations



- Emphasis must be on providing a reasonable modification, not on proving the disability
- Duty to **negotiate**
- Determination made on **case-by-case basis**
- Modification provided
 - Should be related to the disability
 - Does **not** have to be the modification requested
 - Must (generally) be **free of charge**

Medical Statements



- Should include
 1. **Description** of impairment, how it restricts diet
 2. An explanation of what must be done to **accommodate the disability** (ex., allergen to be avoided and recommended alternatives)
- Seek **clarification** if needed
- **Signed by** physician or licensed health care professional
- **Not** required for modifications within the meal patterns

Procedural Safeguards

- Provide **notice** of
 - **Process** for requesting modification
 - **Decision in writing**
 - Non-discrimination and accessible services
 - Location of **accessible facilities**
- Program operators with **≥ 15 employees**
 - Designate a **Section 504 Coordinate**; and
 - Establish a **grievance procedure**

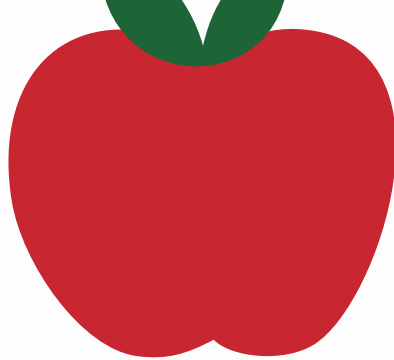


For More Information...

- **Trainings** for State agencies
- Please feel free to **contact**:
 - **Teresa W. Murray**, Civil Rights Policy Advisor
(teresa.w.murray@fns.usda.gov)

Civil Rights Division
Food and Nutrition Service
Phone: 703-305-2195





At-Risk Afterschool Meals



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HOW TO PARTICIPATE IN THE AT-RISK AFTERSCHOOL MEALS COMPONENT OF CACFP

The U.S. Department of Agriculture's (USDA), Child and Adult Care Food Program (CACFP) At-Risk Afterschool Meals Component provides funding to afterschool programs that serve a meal and/or snacks to children and teens in low-income areas. There are a number of ways that local organizations can be a part of the At-Risk Afterschool Meals component of CACFP.

What is the At-Risk Afterschool Meals component of CACFP (CACFP At-Risk)?

The CACFP is a federally funded, State-administered program that provides funding to child and adult care centers and homes that serve healthy meals and snacks. Through the At-Risk Afterschool Meals component of CACFP, healthy meals and snacks can be served to children and teenagers who participate in afterschool programs in low income areas. To participate, these programs must (1) be organized primarily to provide care for children after school or on the weekends, holidays, or breaks during the regular school year; (2) provide organized, regularly scheduled activities; (3) include educational or enrichment activities, like arts and crafts, computer lessons, or homework help; and (4) be located in an eligible area.

Who Does CACFP At-Risk Serve?

The Program serves children and teenagers who are age 18 or under at the start of the school year.

How Does It Work?

- **USDA** provides funding for the Program and sets requirements for meals and snacks. Meals and snacks must meet USDA nutrition standards in order to be reimbursed by the Program. See more at the [CACFP Web site](#).
- **State agencies** administer the Program and communicate with both USDA and sponsors.
- **Sponsors** are organizations that oversee afterschool care centers. Schools, local government agencies, camps, faith-based and other non-profit community organizations may be sponsors. Sponsors communicate with the State and get reimbursed for meals and snacks served in their afterschool programs.
- **At-Risk Afterschool Care Centers** are places where children and teens participate in an afterschool program. They can be located in many types of places, such as schools, libraries, or community centers. Centers may participate in CACFP At-Risk independently or under a sponsoring organization that manages multiple programs.

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FOOD PROGRAM



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HOW CAN YOUR ORGANIZATION PARTICIPATE?



Contact your State agency to see if your afterschool program can serve meals and snacks through CACFP. They will help to see if you are located in an eligible area.



Promote CACFP At-Risk to your community. Put up flyers and door hangers with information on afterschool programs to help families find centers that are nearby.



Volunteer to serve food or organize activities for other afterschool programs participating in CACFP.



Expand from Summer Meals! If you are a Summer Meals provider, consider applying to CACFP to serve meals and snacks during the school year through an afterschool program. Contact your State agency for more information.

Resources:

- Check out the CACFP At-Risk website: <http://www.fns.usda.gov/cacfp/afterschool-programs>
- Find your State agency contact: <http://www.fns.usda.gov/cacfp/cacfp-contacts>
- Review the CACFP At-Risk Handbook: <http://www.fns.usda.gov/sites/default/files/atriskhandbook.pdf>
- Get the details of the USDA's nutrition standards: <http://www.fns.usda.gov/cacfp/meals-and-snacks>
- Use FREE materials from USDA: <http://www.fns.usda.gov/cacfp/nutrition-and-nutrition-education>

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Updated Meal Pattern Changes



- Addition of **13 through 18** year old age group
- **Offer vs. Serve** (CACFP 05-2017)
 - Allows children to **decline some** of the food offered
 - Helps **reduce food waste** and **costs** while maintaining nutritional value of meal

Taking Components Off-Site



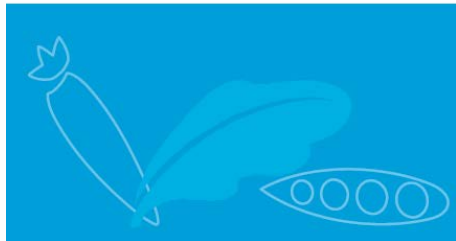
- Issued April 6, 2017
- CACFP 10-2017
- Allows
 - Children to take one vegetable, fruit, grain off-site
 - Must be from child's own meal or snack, or left on share table by another child

At-Risk Resources



At-Risk Afterschool Meals

A Child and Adult Care Food Program Guide



U.S. Department of Agriculture
Food and Nutrition Service
Revised December 2016

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Farm to Preschool

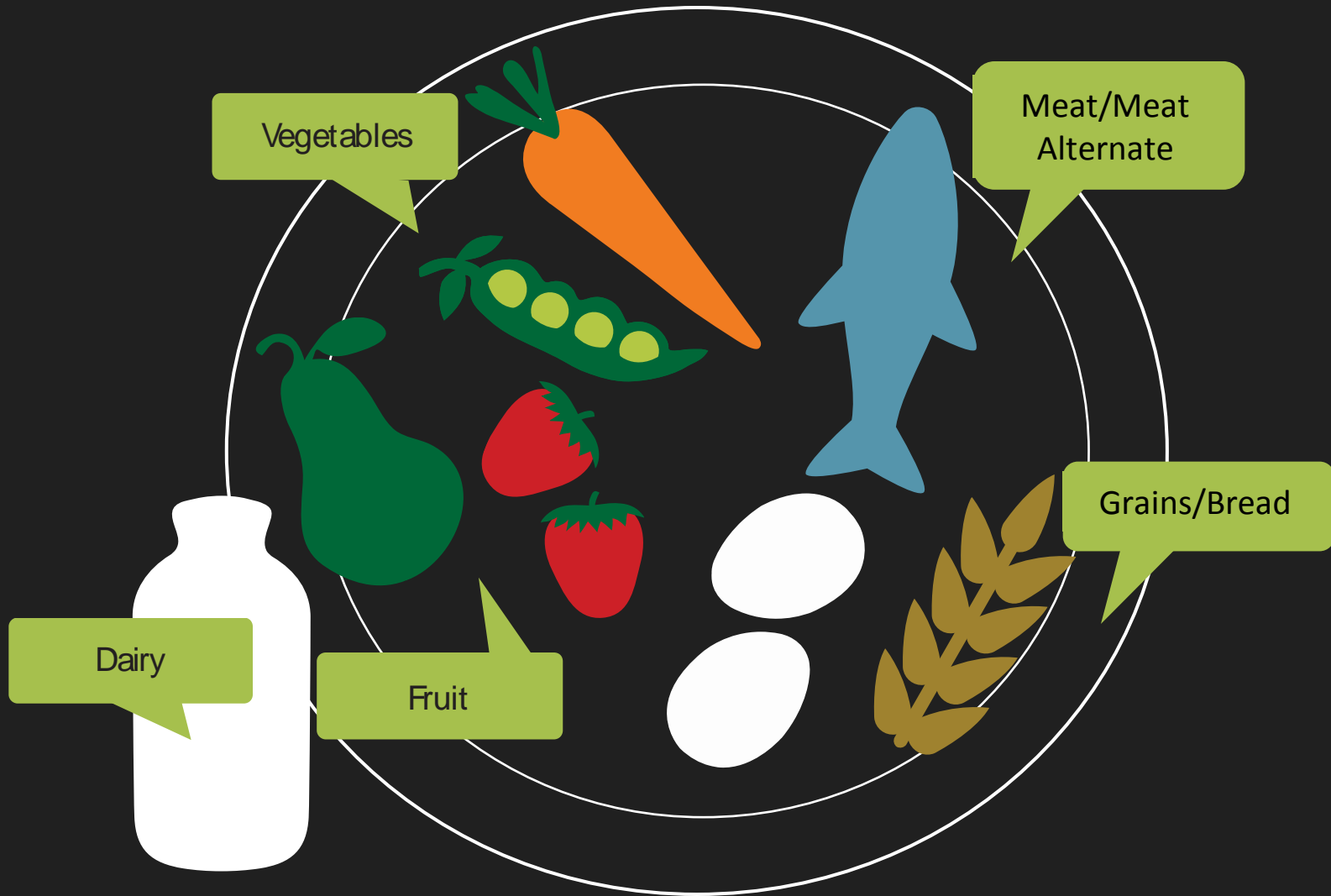


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Local Can Span the Plate



FY18 Farm to School Grant Program

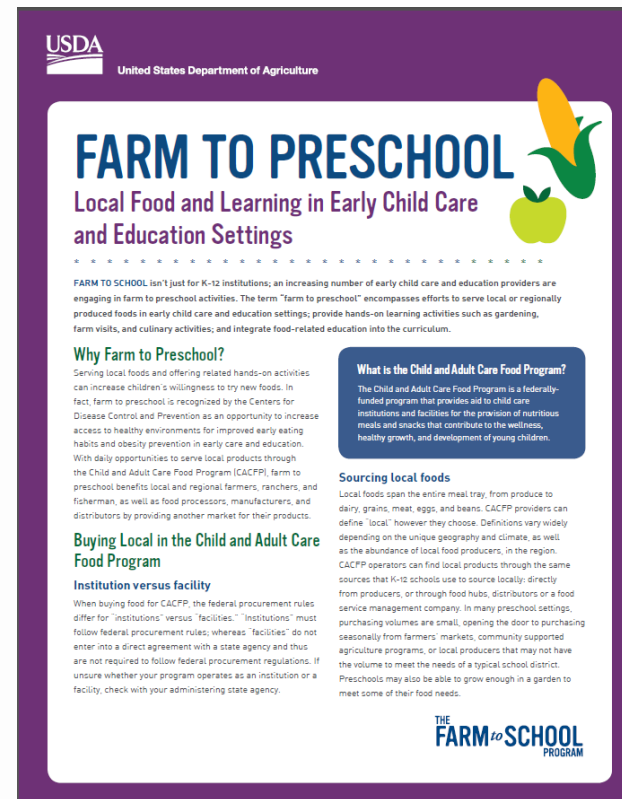


- **RFA announced** in September 2017
(<https://www.fns.usda.gov/farmtoschool/fy18-farm-school-grant>)
- Applications accepted through **Dec. 8**
- Anticipate **awarding** **~\$5 million** later this spring



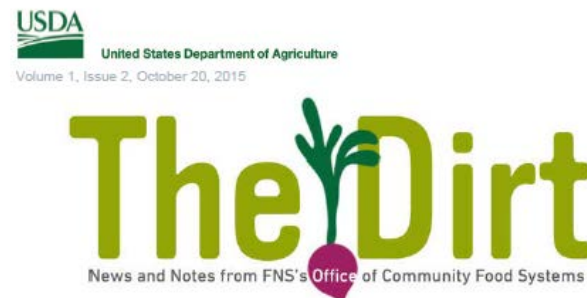
Farm to Preschool Webpage

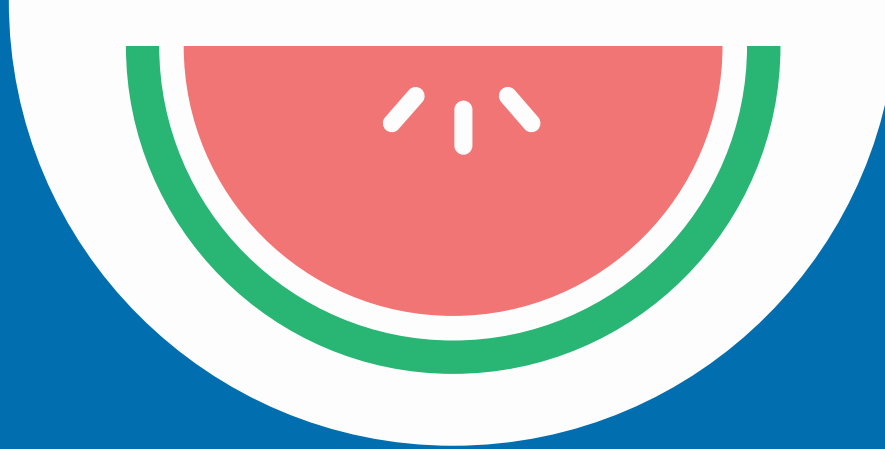
- www.fns.usda.gov/farmtoschool



The Dirt!

- **E-letter** delivered every other Tuesday
 - Includes updates, webinar info, relevant news, and filed notes
 - **> 30,000 subscribers**
- **Subscribe at**
www.fns.usda.gov/farmtoschool





Disaster Response



2017 Disaster Response



- Hurricanes **Harvey**, **Irma** and **Maria** during August and September 2017
- FNS granted **flexibilities** to TX, FL, PR and Virgin Islands
 - Participant eligibility
 - Shelter participation
 - Meal component/service
 - Accountability procedures
- **CACFP 12-2014** Disaster Response



THANK YOU!!



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