

Who is attending the CCFP Roundtable Conference?

Everyone CACFP! CACFP Sponsors • Child Care Centers •
Early Childhood Providers • After School Programs • CACFP
Professionals • Tribal Organizations • School Food Service •
Head Start • USDA FNS • State Agencies • Aligned Organizations



October 17 • 19 • 2016

**Omni Rancho Las Palmas
Rancho Mirage, CA**

CACFP! Past. Present. Future.

www.ccfproundtable.org

Early Bird Registration ends September 16, 2016

First 100 Early-bird Online Registrations eligible for \$100.00

Rancho Las Palmas Gift Certificate drawing



This is your OPPORTUNITY to Build a Healthy CACFP Culture

Child Care Food Program Roundtable Conference

take CACFP ACTION • Join us to look @

Where we have been • What we are doing now • Where we are going •



Registration Brochure



ABOUT the CCFP Roundtable Conference

October 16-19, 2016

Collective Impact

Developing a Shared Vision

Looking at CACFP's Past, Present and Future

The 2016 conference will highlight how the evidence and best practices from the Past and Present will inform the strategies for the Future. Those valuable contributions can be effectively and efficiently used to promote the success of the Child and Adult Care Food Program.

Now in its 25th Year

The CACFP RT Conference is one of the nation's favorite CACFP events, where nutrition professionals come together to collaborate. Join us to learn strategies that promote and sustain the CACFP, healthy eating, nutrition education and physical activity practices for young children.

CACFP Procurement - Past, Present and Future CACFP Annual Mandatory Training

The 2016-17 Child and Adult Care Food Program (CACFP) Mandatory Training will provide an overview of procurement standards that have been in effect for years (*PAST*). Program Directors will learn what action they need to take now (*PRESENT*) to comply and what to expect moving forward (*FUTURE*). The Nutrition Services Division will cover all procurement methods (micro purchases, informal purchases and formal purchases (ie; Invitations for Bids and Request for Proposals). In addition, participants will learn which procurement procedures they need in writing and how they can develop a code of conduct which promotes open and fair competition while avoiding any real or apparent conflicts of interest. This session will fulfill the annual mandatory training requirement. If you attend this session you will not be required to take the 2016-17 mandatory training again later in the year.

Presenters: Laurie Pennings and Justin Adelman

****Pre-Conference Note: Separate Registration is Required for this Pre Conference Session.** CACFP agencies must register separately for this California mandatory training pre-conference session through the Fresno City College Cal-Pro-NET. No OnSite Registration

CACFP take ACTION CHALLENGE Who will be recognized CACFP Gold for the Let's Move! Child Care Challenge, USDA FNS CACFP

Challenge, Farm to Preschool and other favorite CACFP *take ACTION* Challenges? Recognitions for the CACFP *take ACTION* Challenge will be going on throughout the conference and the country October 17-19, 2016. Get in on the action and take the CACFP *take ACTION* Challenge now.

Go to www.CACFPtakeActionChallenge.org and submit your challenges.

Included in the Registration Fee

48 workshops, 4 General Sessions, CACFP Luncheon on Tuesday and a Healthy Start Breakfast on Tuesday and Wednesday. 25th Anniversary celebrations throughout the conference.

Conference Tracks

- CACFP Program Management
- Child Nutrition
- Physical Activity
- Food, Food Preparation, Feeding Practices
- CACFP Professional/Personal Growth
- Parent Training/Monitoring

Earlybird Online Registrations

Be one of the first 100 Online Earlybird Registrants and be entered for a chance to win. The Early Bird deadline is September 16, 2016. Two winners will be announced for a \$100.00 Rancho Las Palmas gift card.

McCarthy Child Development Training Center Field Trip

Tour the center, it's Community Garden and Kitchen Garden. The Community Garden is for families to learn how to grow food. The Kitchen Garden grows food exclusively for the children's meal service. We harvest close to 1,000 pounds per year. Space will be limited.

Dialogue in the Desert

- State Agency and USDA Listening Sessions
- CCFP Roundtable Advisory Listening Session
- USDA FNS and State Agency CACFP Meal Patterns
- National CACFP Forum Joint Session

3rd Annual National CCFP Roundtable Family Child Care Provider Leadership Institute October 16, 2016 • 9:00am- 4:00pm

Become the Family Child Care Leader and CACFP knowledgeable, engaged *boots on the ground* provider committed to the unique environment that is family child care and who understands and promotes one of the field's critical benefits – CACFP.

The first 50 online registrants will be eligible for a drawing. Promotional Flyer located on the conference web page. CACFP staff are invited.



Tentative Schedule and Location

October 16-19, 2016

SUNDAY OCTOBER 16

- 8:30 - 9:00 Leadership Check In
- 9:00 - 4:00 Provider Leadership Institute
- 10:00 - 5:00 National CACFP Forum Meeting
- 3:00 - 5:00 Registration
- 5:00 - 6:30 Meet and Greet

MONDAY OCTOBER 17

- 7:30 - 4:00 Registration
- 9:00 - 12:00 Pre-Conference I
- 1:00 - 2:30 Opening Session
- 2:45 - 4:00 Workshop Session I
- 4:15 - 5:30 Workshop Session II
- 25th Anniversary Happening

TUESDAY OCTOBER 18

- 7:00 - 7:45 Yoga
- 7:30 - 8:30 Breakfast Roundtable
- 7:30 - 10:30 Registration
- 7:30 - 5:00 Exhibits
- 9:00 - 10:15 General Session
- 10:45 - 12:00 Workshop Session III
- 12:00 - 2:00 Lunch Program
- 2:15 - 3:30 Workshop Session IV
- 3:45 - 5:00 Workshop Session V
- USDA SA Listening Session
- 25th Anniversary Happening

WEDNESDAY OCTOBER 19

- 7:00 - 7:45 Yoga
- 7:30 - 8:30 Breakfast Roundtable
- 9:00 - 10:15 Workshop Session VI
- 10:30 - 12:00 Closing General Session
- 25th Anniversary Happening

CACFP Roundtable Conference Scholarship

Members should apply for the Phyllis Bramson Scholarship. Find the application on the conference web page. Must be a CACFP Roundtable Member to apply. Winner will be announced in August.

CACFP Changes, Challenges and Choices Workshop Discussions

USDA FNS Policy Update

An in depth presentation on the USDA FNS CACFP Program and Policy current events and status. Join the Chief, Community Meals Branch, Policy and Program Development Division, USDA Food and Nutrition Service (FNS) and Child Nutrition Programs Community.

Talking Grains, Growing Grains, Eating Grains - Let's See the Menu

Serving whole-grain rich food helps to ensure that our children and adults are getting the optimal benefit from the meals they receive. Join us as we geek-out over whole grains by sharing strategies for introducing more into your menu in ways attractive to children and teachers.

Accommodations Omni Rancho Las Palmas



Nestled in the heart of Rancho Mirage, at the base of the San Jacinto Mountain Range in the sun-drenched Coachella Valley, Omni Rancho Las Palmas invites you to indulge in a wide array of recreational activities and then retreat to the comfort of its

classic accommodations. This property provides an ideal environment for rest and relaxation after a long conference day. Guest rooms feature plush bedding and French doors that open onto private patios. Set against a backdrop of mountains and palm trees in the heart of the desert.

Just a short drive from Palm Springs and seven other distinct Coachella Valley cities, it is convenient to the world famous Palm Springs Aerial Tramway and other major tourist attractions. El Paseo shopping offers great dining options. Located at 41-000 Bob Hope Drive, Rancho Mirage, CA 92270. For reservations call **(866) 423-1195**. Identify yourself as part of the "Child Care Food Program" group. The guaranteed group rate is **\$169 plus tax**. Reservations must be made by **September 23, 2016** to receive the group rate. Reservations after that date, or after the group "block" has been reserved, will be made on a space available basis at prevailing rates. See Conference [Webpage](#) for more details.

Parking & Airport Transportation

For Hotel guests the parking will be free. The Palm Springs Airport is 11 miles away and the Ontario Airport is about 1 1/2 hours drive. Shuttles: Palm Springs Airport include At Your Service (888-700-7888) and Desert Valley Shuttle (800-413-3999).

Breakout Sessions in the Works

New CACFP Meal Patterns: What to expect and how best to prepare?

The new CACFP meal patterns provide an excellent opportunity for ECE providers to advance the needle on children's health and make a good program even better. This session will highlight new research conducted by The Pew Charitable Trusts/Robert Wood Johnson Foundation that examines findings related to the impacts the updated nutritional requirements may have on provider costs and participation, as well as the overall health of children served by the program. We will discuss challenges that stakeholders may experience and how to best support an effective implementation process.



Speakers to Inspire and Educate

October 17-19, 2016



Marion Standish, Vice President Enterprise Programs, The California Endowment. Marion Standish joined *The California Endowment* (TCE) with an extensive legal and philanthropic background. She is responsible for managing resources that supports collaboration and alignment across all TCE Departments to achieve TCE's mission and Building Health Communities goals and outcomes. Ms. Standish leads multiple philanthropic partnerships, provides Strategic guidance to Impact Investing activities and works closely with TCE's Chief Learning Officer to achieve organizational goals. Ms. Standish serves as lead officer for the Endowment with the Partnership For A Healthier America, The First Lady's Let's Move Initiative, California's Let's Get Healthy effort and the National Convergence Partnership. She played a key role in developing and implementing many TCE signature initiatives, including the Partnership For the Public's Health, Community Action To Fight Asthma and Healthy Eating Active Communities.



Pat Crawford, Senior Director of Research and Cooperative Extension Specialist at the Nutrition Policy Institute (NPI) at the University of California, Division of Agriculture and Natural Resources. Prior to coming to NPI, she co-founded and directed the Center for Weight and Health at the University of California at Berkeley for 15 years. She is also an Adjunct Professor in the School of Public Health at UC Berkeley. Dr. Crawford studies ways in which nutrition programs and policies can improve children's dietary intake and reduce obesity. Dr. Crawford served on the California Legislative Task Force on Diabetes and Obesity and is an expert advisor for the Let's Get Healthy California Task Force. She chaired the Institute of Medicine's Workshop on Food Insecurity and Obesity and served on the IOM's Committee on WIC Research, the Committee on Accelerating Progress on Obesity Prevention and the IOM's Standing Committee on Childhood Obesity Prevention.



Susan Johnson, PhD. Professor, Department of Pediatrics, University of Colorado School of Medicine. Dr. Johnson has published extensively on nutrition issues including maternal feeding behaviors, obesity, child feeding, studies regarding ethnic differences in infant and child obesity and self regulation, as well as a recent comparison of nutritional intake differences in ASD and typically developing children. Grant support includes feeding practices of child care professionals and effects of energy state on to visual and taste Stimuli and an Autism Speaks grant to investigate nutrient and food intake pattern in young children ASD compared to children with other neurocognitive impairments and typically developing children. Dr. Johnson serves as the Nutrition Discipline Director for the JFK LEND Grant.



Andrea L. Farmer, M.S., R.D., L.D. Chief, Community Meals Branch, Policy and Program Development Division, USDA Food and Nutrition Service (FNS), Child Nutrition Programs. For the past 8 years, her area of expertise has been the USDA's Child and Adult Care Food Program, first at the State level and now at the FNS National office. She leads the USDA effort to create resources and guidance materials to help child care centers and home providers meet the nutrition, physical activity and screen time recommendations in the Healthy, Hunger-Free Kids Act of 2010 (HHFKA). Ms. Farmer served as the project manager for USDA informative research conducted in 2014 among CACFP audiences and manages an interagency workgroup of CACFP stakeholders that provides input to help USDA implement the HHFKA recommendations. Prior to working in CACFP, she held a number of diverse positions including adjunct professor in nutrition and fitness, private practice nutrition consultant, clinical and food service dietitian and small business owner. Ms. Farmer has presented at numerous national conferences.



Geri Henchy, Director of Nutrition Policy at FRAC. Geri is a member of the Institute of Medicine's Committee to Review the Child and Adult Care Food Program Meal Requirements which has the task of creating nutrition standards to bring the meals served into compliance with the Dietary Guidelines. Geri is the current chair of the policy committee of the American Public Health Association's Food and Nutrition Section. She currently serves on the Paperwork Reduction Task Force. She provides clarity to CACFP organizations on monitoring and informing the regulatory and policy environment.



Sandip Kaur is the Director of the Nutrition Services Division (NSD) of the California Department of Education. Prior to her appointment as Director, Ms. Kaur served as Acting Director for one year and four months. From 2004 to 2011, Ms. Kaur served as the Chief of the Administration and Food Distribution Program in NSD for seven years and was instrumental in the design, development and implementation of the Child Nutrition Information and Payment System.

National CCFP Roundtable Family Child Care Provider Leadership Institute

Your Hosts and Speakers: Barbara Sawyer, Elaine Piper, Geri Henchy, Paula James, Chris Clark, CACFP New Meal Patterns.



Workshops

Breakout Sessions in the Works

Child Nutrition, Feeding Practices and Activity

- Supporting a Healthy Future With Resources From USDA's Team Nutrition Initiative
- Come on in, the water's fine! -- Drinking water in Early Care and Education settings
- Developmentally sound nutrition education and activity practices to support young children's adoption of healthy eating and activity behaviors
- Creating a Healthier Melting Pot: Cultural Influence on Diet
- Improve the Nutrition and Physical Activity Zone at Your Center or Family Child Care Home!
- Infant Nutrition in the USDA Child Nutrition Programs
- Talking Grains, Growing Grains, Eating Grains - Let's See the Menu
- Inspiring Movement in the CACFP Office & Childcare Setting
- Smart from the Start: Engaging Head Start Children and Parents in Healthy Habits
- Body Shakes & Brain Waves: Moving and Learning Through Early Childhood
- USDA FNS and State Agency CACFP Meal Patterns
- USDA FNS Policy Update and more on the way

Professional Growth & Personal Development

- Promoting Provider Professional Development - The Why's and How's for CACFP Sponsors
- Customizable Tools to Improve the Nutrition and Physical Activity of Your Center or Family Child Care Home!
- I'm a Panther! What animal are you? How your personality style influences your decisions
- Choose Health LA Child Care: The Impact of a Multi-Agency Approach to Engaging Child Care Providers to Improve Nutrition and Physical Activity Practices in Los Angeles County
- Start your Wellness Journey with a Vision
- Managing Change
- Taking ACTION with CACFP Initiatives
- Automate Your CACFP Tracking & Training with Bright Track
- Just the Facts, Who took the Challenge and What Happened

Topics of a Successful Administrative Review (AR)/Common AR Findings

This one-hour session will consist of common Administrative Review (AR) findings in the CACFP. Some topics to be discussed include Recordkeeping, Personnel Activity Reports (PARS), Civil Rights, as well as tips for success in the specific area. A Question and Answer (Q & A) session with the audience will conclude the presentation.

Community Gardens - How Green Beans Saved the McCarthy Child Development & Training Center "The workshop can be a two part workshop: first showing a presentation on how the center came back from near ruin to a fully NAEYC accredited program using nutrition and community gardens as its focus and rallying point for staff and community. The second part of the workshop can be a tour of the center and it's Community Garden and Kitchen Garden. The Community Garden is for families to learn to grow food and the Kitchen Garden grows food exclusively for the children's meal service. We harvest close to 1,000 pounds per year."

I'm a Panther! What animal are you? How your personality style influences your decisions. What's your personality style? Your personality style has a big influence on the decisions you make and how you interact with others. If you know your personality type you can create a foundation that gives you focus and strength in challenging times. While we have traits in each personality style, we typically have one that emerges as dominant. So which style do you represent, the Panther, Peacock, Dolphin or Owl?"

CACFP Program Management

- Recipe for Disaster - Developing Food Safety Policy and Best Practices for Food Safety
- The Keys to Hiring and Promoting the Right Staff
- Preparing for the New CACFP Nutrition Standards: A Panel Discussion on Implementation in California
- New CACFP Meal Patterns: What to expect and how best to prepare
- CACFP Organizations and what they do for you
- Informal and Formal Procurement in the Child and Adult Care Food Program
- Micro-purchasing in the Child and Adult Care Food Program
- Planning Your Future Procurements: State and Federal Code of Conduct and Purchasing Requirements
- Out with the Old, In with the New: Planning for the New and Improved CACFP Meal Pattern
- Local Procurement in CACFP
- How to Attract, Develop and Retain Centers in Your Program
- Topics of a Successful Administrative Review (AR)/Common AR Findings
- Minute Menu CX for Centers: Helping Sponsors Embrace the Future!
- Mentoring, Monitoring and Advising CACFP Centers
- Let's Get Social!
- SD or Not: Taking the Mystery Out of the Serious Deficiency Process
- Community Gardens - How Green Beans Saved the McCarthy Child Development & Training Center

Staff/Parent/Provider Training

- Training Providers to Use KidKare
- Let's Move! Child Care: Teaching a New Generation of Kids to Live Healthier Lives
- Early Care and Education Learning Collaboratives project sustainability in CACFP
- Introduction to ServSafe Food Safety
- Future Fertilizer: Part I ~ The Compost with the Most!
- Future Fertilizer: Part II ~ Why Every Child Should Have Worms
- Trends, Challenges, Opportunities in the Child and Adult Care Food Program
- Home Visits: There's a App for That
- Meal Pattern Changes: Preparing Providers with Minute Menu HX
- Magical Monitors - Monitoring for Success and Training on the Spot



Workshops

Some Breakout Sessions in the Works

Automate Your CACFP Tracking & Training with Bright Track

Susan Still, Mike Matukaitis, Brighton Training Group

Discover how you can use Bright Track to automate your CACFP compliance training & tracking. See how Bright Track provides the online training courses, tracks successful completion, as well as monitoring visits for sponsoring organizations. Use the Bright Track Dashboard as your internal control to receive alerts for monitoring and assign training to improve program integrity.

Body Shakes & Brain Waves: Moving and Learning Through Early Childhood

Angela Russ-Ayon, Abridge Club Ent.

Understand how interactive experiences lead to the development of neural connections. Acquire practical strategies, including The CLASS principles, which you can implement to enhance comprehension, boost retention, stimulate learning, and prolong a child's attention. Discover key elements that will enhance a child's learning process and reinforce concepts within the Early Learning Framework. Actively engage children using activities that enhance language, early literacy, and social development skills.

Choose Health LA Child Care: The Impact of a Multi-Agency Approach to Engaging Child Care Providers to Improve Nutrition and Physical Activity Practices in Los Angeles County

Helen O'Connor, Los Angeles County Department of Public Health, Jeanie Park, Child Care Alliance of Los Angeles, Jeremiah Garza, Sarah Samuels Center for Public Health Research & Evaluation

Created through a collaboration of the Los Angeles County Department of Public Health and the Child Care Alliance of Los Angeles, Choose Health LA Child Care works to reduce the prevalence of overweight/obesity among children in child care by providing nutrition and physical activity training and coaching to all types of child care providers and disseminating information to parents. Results from a participatory multi-method evaluation design will be presented. Evaluation methods include: pre- and post-self-assessment surveys to measure environmental change and provider self-efficacy, provider focus groups, coaching satisfaction surveys, and select onsite pre- and post-observational assessments. This innovative program could be replicated across the country as an opportunity for public health professionals to ally themselves with child care providers in the fight against childhood obesity.

Come on in, the water's fine! -- Drinking water in Early Care and Education settings

Christina Hecht, University of California, Holly Prestegaard, USDA-FNS, Western Regional Office

"Jump into this session for the latest on drinking water in early care and education settings – bathing suits optional! This session will cover the latest in drinking water access and consumption and will provide plenty of resources. The new standards: The new meal patterns don't specifically mention water, so what is USDA guidance for water access throughout the day? We will clarify the guidance and illustrate best practices; Safety: Tap water safety has received a lot of attention this past year. We will provide step-by-step information on assuring tap water safety using the EPA's (Environmental Protection Agency) "3Ts" model — and we'll show you ways to fix it if there's a problem; Consumption: We'll showcase some of your "CACFP Challenge" drinking water entries as we talk about promoting drinking water in the childcare setting"

Creating a Healthier Melting Pot: Cultural Influence on Diet

Casey Craft, YWCA Metropolitan Chicago

Growing up in a culture has a deep influence on a family's diet. Children growing up in different cultures are subject to varying health risks such as heart disease and diabetes. Those risks increase with lower income levels, limited access to healthier foods and poor exercise habits. Some cultures incorporating lower-fat foods and high amounts of grains and vegetables can result in reducing the risks for diseases such as diabetes and cancer. However, the American diet has become a mixture of cultures and cuisines offering foods full of high fat and sugars. This workshop will help you understand the differences in the micro cultures within our larger American Culture and offer tools and resources to educate children and families about healthier lifestyle choices.

Customizable Tools to Improve the Nutrition and Physical Activity of Your Center or Family Child Care Home!

Linda Cowling, Melba Hinojosa, California Department of Public Health

Attend this interactive workshop to learn more about how the California Department of Public Health Nutrition Education and Obesity Prevention Branch (NEOPB), along with Early Care and Education (ECE) subject matter experts developed a Physical Activity (PA) and Nutrition Policy Overview and Template that is related to infants, toddlers, and preschoolers. This policy template is meant to be personalized and adapted to meet all ECE types. Discover how to incorporate state-of-the-art nutrition and PA recommendations in each ECE program (childcare centers, preschools, family childcare homes, etc.), and integrate in the child care program's handbook, advertisements, and parent materials. Contained in the policy is a structured and coordinated approach on how to improve the children's level of physical activity and nutrition.

Developmentally Sound Nutrition Education and Activity Practices to Support Young Children's Adoption of Healthy Eating and Activity Behaviors

Susan Johnson, Department of Pediatrics, Laura Bellows, Colorado State University

Early childhood has become an area of intense focus for nutrition education and obesity prevention efforts. Special considerations for program development exist because of the multiple settings and caregivers that are targeted when engaging young children in nutrition and physical activity programming. Multidisciplinary efforts are especially desirable when creating interventions; however, integration of various domains related to child development, nutrition and physical activity can be challenging. This session will include speakers whose expertise lies in nutrition, motor development/physical activity as well as child development. Guiding principles from each will be discussed and innovations will be presented in an interactive session.



Workshops

Breakout Sessions in the Works

Early Care and Education Learning Collaboratives Project Sustainability in CACFP

Lauren Brightwell, Catherine Stafford, Contra Costa Child Care Council

The Contra Costa Child Care Council was selected to implement the National Early Care and Education Learning Collaboratives project in 2015 with child care centers, HeadStart sites and then in 2016 with family child care. This workshop will provide an overview of the project and the key messages relating to child health and nutrition that are being incorporated into our CACFP homes and centers. Participants will be provided with concepts and ideas for incorporating the work of the project into site visits and staff training to support and enhance healthy environments in CACFP sites.

Future Fertilizer: Part I ~ The Compost with the Most!

Debra Louie, Foundation for Early Childhood Education

Learn the easiest, most effective way to produce this fantastic soil amendment that feeds your veggies and keeps nutritious green waste out of the landfill, from volunteers with one of the top-rated Master Composter programs in the U.S. Adults and children alike can reap the physical activity and soil-building benefits of recycling "greens and browns".

Future Fertilizer: Part II ~ Why Every Child Should Have Worms

Debra Louie, Foundation for Early Childhood Education

What child can resist squirmy, wriggly worms? The children in your life can have as many worms as they want, because worms are the most compact of pets. They are also hard-working, eating fruit and veggie peels that we humans would throw away, and turning them into castings that will help your garden grow! Worms are wise, and help us learn how to be good custodians of our planet.

Home Visits: There's a App for That

Lori Johnson, Minute Menu Systems

We'll examine the features of the hx2go Review App for tablets and laptops that allows instant data-entry by monitors and reduces paperwork. We will cover everything from how to set up users in Minute Menu HX to use hx2go, to customizing the questions on the app, to setting up your new internal procedures, and more. You will walk out of this training feeling confident in how to get your agency started on hx2go and feeling great about how much time it will save! Already using the app? This class will give you ideas for how you can expand the usefulness of hx2go for your agency.

How to Attract, Develop and Retain Centers in Your Program

Cindy Vian, Minute Menu Systems

Turn your participants into raving fans of CACFP! Join our workshop and learn how to recruit additional centers to your program. We will show you how to get center directors to meet with you, turn barriers into benefits, and grow your program through client referrals. Become the trusted advisors of center directors by helping them create successful habits for implementing program requirements. Warning: this session includes activities that will cause you to leave the past behind, receive the gift of the present and focus on your exciting new future!

Improve the Nutrition and Physical Activity Zone at Your Center or Family Child Care Home!

Courtney Hardoin, Andrew Manthe, California Department of Education

Attend this interactive workshop to learn how to enhance the nutrition and physical activity environment at your center or family child care home by integrating resources from the California Department of Education (CDE) and the California Department of Public Health (CDPH). Discover how to incorporate CDE's Preschools SHINE Program and CDPH's Prevention First Program into your center or family child care home.

Infant Nutrition in the USDA Child Nutrition Programs

Kelley Knapp, Stephanie Salazar, California Department of Education

This two-part workshop is designed for child care and school nutrition staff who are responsible for serving meals to infants and claiming these meals for reimbursement in the USDA child nutrition programs (CACFP, NSLP, and SBP). Topics include an overview of infant nutrition needs from birth to one year, evidence-based feeding practices, the new infant meal pattern, resources, late-breaking USDA policy memos and guidance related to infants and ideas for transitioning from infant to toddler feeding.

Inspiring Movement in the CACFP Office and Childcare Setting

Brooke ten Bosch, Julie Lefko, Community Action Partnership of San Luis Obispo County, Inc.

What comes to your mind when you think of joyful movements? Dancing? Jumping? Skipping? Join us as we consider the past, present and future of physical activity programming for children and adults and share several strategies for success that can be incorporated to your office or childcare setting. We will also explore several evidence-based programs, such as IMIL ("I am moving, I am learning"), SPARK and SHINE, which provide a fun and fresh approach to physical activity.

Introduction to ServSafe Food Safety

Alan Michaelson, ServSafe Food 1st

"Learn about foodborne illness, how to prevent it and how to train employees in food sanitation.

Topics covered: basic food safety, personal hygiene, cross-contamination and allergens, time and temperature control, and cleaning and sanitation."



Workshops

Breakout Sessions in the Works

Let's Get Social!

Aimee Klevorn, Association for Child Development

Learn how to use communication to make your mark and raise awareness for your program and the new CACFP meal pattern changes. In this workshop, we will discuss how you can use social media, publications, trainings, and more to further your program and increase your claiming numbers. Let's have some fun and get social!

Let's Move! Child Care: Teaching a New Generation of Kids to Live Healthier Lives

Nora Geary, Centers for Disease Control, Jill Cox, Program Development Specialist, Better Kid Care

When providers implement small healthy changes in their program, they are part of a larger movement and have the power to impact entire families and teach a new generation of kids how to live healthier lives. In this workshop, the Centers for Disease Control and Prevention and **Penn State Better Kid Care** will showcase the First Lady Michelle Obama's Let's Move! Child Care initiative and provide helpful strategies for implementation of best practices related to healthy eating and physical activity. After the workshop, participants will understand LMCC's obesity prevention best practices and learn about freely available resources, professional development trainings and technical assistance materials.

Local Procurement in CACFP

Laurie Pennings, California Department of Education

Are you interested in improving the quality of meals served to children in care by incorporating more local, fresh foods into your menus? This interactive workshop will help you understand where to look for local foods, how to create your own seasonal menus, and how to write specifications for vended meals that help ensure local foods are included. Learn how to use the Geographic Preference Option in your evaluation criteria for scoring Invitations for Bids or Request for Proposals for vended meals to give an edge for vendors who can include local foods.

Magical Monitors - Monitoring for Success and Training on the Spot

Sherrie Gomez, Donna Pomerson, Staci Larsen, Learning Care Group

Make the most of all your monitoring visits by preparing in advance, training on the spot, following up and following through. This interactive session will give you tons of new ideas for creating the magical monitoring visits you've dreamed of. Win-win solutions for problems monitors encounter while conducting visits and quick trainings to be sure you are prepared when training needs arise.

Managing Change

Sharon Woodward, S&D Instructional Services

Anyone who has worked with child care providers understands how rapidly things are changing. Newly revised regulations and quality standards have greatly increased the expectations placed on early child care providers. How can CACFP staff facilitate positive change and support providers in a way that assists them in maintaining successful businesses? This workshop provides specific tools and strategies to help staff give meaningful support to your clients.

Meal Pattern Changes: Preparing Providers with Minute Menu HX

Dawn Perez, Minute Menu Systems

Minute Menu HX can help you transition providers to the new meal pattern. We'll talk about effective ways to train providers, how to track training and progress using Minute Menu HX. We'll also preview any changes that are ready for release (pending availability).

Mentoring, Monitoring and Advising CACFP Centers

Cindy Vian, Minute Menu Systems

Want your center program to thrive? A panel of experts will share their strategies for implementing best practices, building habits that ensure compliance, and meeting center needs through mentoring. Create a reciprocal environment by helping centers meet quality initiatives or find resources for staff development. The payoff for your program will inspire you to go beyond the basics in CACFP!

Micro-purchasing in the Child and Adult Care Food Program

Justin Adelman, California Department of Education

This session will cover the regulations and requirements for agencies that do not purchase goods or services valued at more than \$3,500 per transaction, or what is defined as a "micro-purchase." This session is intended for small Child and Adult Care Food Program (CACFP) agencies that do not have large or complicated purchasing needs. All agencies, regardless of size or income, must follow federal procurement guidelines when operating the CACFP.

Minute Menu CX for Centers: Helping Sponsors Embrace the Future!

Cindy Vian, Minute Menu Systems

"In the last decade, the number of family daycare homes has declined by almost thirty percent. More children now attend center-based programs; what's a home sponsor to do? Embrace the change, and begin sponsoring centers! You have the knowledge, you have the experience, and we have the tool – Minute Menu CX for Centers. If you are a home sponsor, come to our workshop to learn what the differences are between working with homes and centers. If you already sponsor centers, join us to see how Minute Menu CX can increase the integrity of your program and your revenue too!"



Workshops

Breakout Sessions in the Works

Out with the Old, In with the New: Planning for the New and Improved CACFP Meal Pattern

Stephanie Salazar, Courtney Hardoin, California Department of Education

Are you ready? The new CACFP meal pattern is here and there is no better time than the present to start planning for these new and exciting changes to the meal patterns. This session is designed for all staff who plan, prepare, or serve CACFP meals. The California Department of Education team will share the new meal pattern rollout and training plan for California, focus on action steps you can start taking to help ensure a successful transition, and provide an overview of the new requirements. If you are looking for tips and strategies, you won't want to miss this session!

Planning Your Future Procurements: State and Federal Code of Conduct and Purchasing Requirements

Courtney Hardoin, Laurie Pennings, California Department of Education

Whether buying from your local grocery store or purchasing from a distributor, all CACFP operators are involved in procurement. Procurement Standards in Title 2, Code of Federal Regulations, Part 200 were released in December 2013 and require all child nutrition program operators to develop and maintain a written Code of Conduct and procurement procedures. In this interactive workshop, attendees will learn what components are required in these documents and work in teams to develop sample language that complies with the State and Federal procurement standards.

Preparing for the New CACFP Nutrition Standards: A Panel Discussion on Implementation in California

Melissa Cannon, California Food Policy Advocates

For the first time in decades the nutrition standards for the Child and Adult Care Food Program (CACFP) have been updated, making a great program even better by strengthening the CACFP's role in safeguarding and supporting the health of all participants. Join us for an interactive discussion as panelists investigate the implications of the new standards for child care nutrition programs and share how the California Department of Education, the Child Care Food Program Roundtable, California Food Policy Advocates and others have joined together to ensure implementation of the new standards in California sustains and even increases participation in CACFP.

Promoting Provider Professional Development - The Why's and How's for CACFP Sponsors

Barbara Sawyer, Elaine Piper, Child Care Consulting and Training Services, Inc. (CATS, INC)

The early childhood field has changed dramatically in the last 40 years. Nowhere is that change more evident than in training and education requirements for caregivers. CACFP can make an important contribution to this conversation. This session will discuss how food programs should be part of implementing professional development expectations in communities. Examine the exciting impact CACFP sponsors and staff can have when they support professional development for the field. Discover why YOU are critical - especially for the family child care field - in this effort. Discuss easy ways to make the training activities you already offer fit into providers' professional development plans. Explore other ways to support professional development in your community and share what you already do.

Recipe for Disaster - Developing Food Safety Policy and Best Practices for Food Safety

Staci Larsen, Donna Pomerson, Sherrie Gomez, Learning Care Group

Food safety is a critical component of serving meals to children. We will explore things to consider while developing food safety policies for your organization. Come share best practices for preparing and storing food safely during this interactive session. This seasoned team of presenters has kitchen safety tips to share with you, too!

SD or Not: Taking the Mystery Out of the Serious Deficiency Process

Barbara Smith, USDA - Food and Nutrition Service

The purpose of the CACFP serious deficiency process is to maintain Program integrity by ensuring compliance with regulations, instructions and guidance. In this workshop, attendees will learn what is a SD; the steps in the process; acceptable corrective actions; appeal procedures; and steps to termination and disqualification. This will be an interactive session with a question and answer period.

Smart from the Start: Engaging Head Start Children and Parents in Healthy Habits

Val Newcomb, Susan Ralston, Healthy Weight Commitment Foundation, Jill Cox, Penn State Better Kid Care

Gaining traction for wellness education in a Head Start program is a challenge! From funding to parent outreach to teacher training, there are many obstacles in the way of giving the best start to children to lead active, healthy lifestyles. This workshop will introduce free Smart from the Start curriculum--aligned to national education nutrition and health education guidelines and standards including CACFP and Head Start--and supporting resources. Learn best practices for preparing and motivating teachers, how to engage parents and how community members can support your "all hands on deck" training approach. The program is backed by Discovery Education's curriculum development experts and Healthy Weight Commitment Foundation's partners, including NHSA and Penn State Better Kid Care.

Start your Wellness Journey with a Vision

Doris Fredericks, Healthy Living

Creating a wellness vision is the heart of the journey to better health and wellness. By completing a personal assessment of many factors related to wellness, reviewing past accomplishments and current desires each person will visualize and create a statement identifying their future. That Vision will guide their way to accomplishing small and meaningful wellness behaviors.



Workshops

Breakout Sessions in the Works

Supporting a Healthy Future With Resources From USDA's Team Nutrition Initiative

Mimi Wu, MS, RD, Sonya Barnes, MS, RD, Acting Chief, Nutrition and Technical Assistance Branch, USDA Food and Nutrition Service, Child Nutrition Programs

USDA will provide an overview of the requirements of the CACFP Final Rule and best practices, showcase training, technical assistance, and nutrition education resources to support implementation the new meal standards from Team Nutrition, and discuss the value that those working in the child care setting, from State agencies and Sponsoring Organizations to family child care providers, can bring to facilities and institutions participating in CACFP. USDA will also gather feedback from audience members on technical assistance needs related to implementation of the new Meal Pattern and offer an opportunity to provide feedback preliminary designs content for materials in development.

The Keys to Hiring and Promoting the Right Staff Are you hiring new staff? Are you new to the CACFP?

Lutina Cochran, Institute of Child Nutrition

Are you trying to set a standard for yourself or your staff in your child care setting? If so, come learn what the Institute of Child Nutrition (ICN) has identified as desired skills and abilities for all individuals working in the CACFP. This session will provide information on a new tool created by ICN to aid in developing job descriptions, conducting performance evaluations, identifying training needs, and conducting self-evaluations for skill level improvement.

Training Providers to Use KidKare

Dawn Perez, Minute Menu Systems

Minute Menu is excited to introduce KidKare, the new online claiming website for providers! Learn how to access the new KidKare program which is replacing all KIDS and WebKids products. KidKare is accessible from most devices, including smart phones, tablets, desktop computers, and yes, that includes Macs. Bring your smart phone, tablet, or laptop that connects to the internet for a hands-on training experience on the new KidKare website. We'll enroll children, record meals, record in/out times, submit claims, and much more! You will leave this class feeling excited and confident in training providers on this convenient and efficient new product! We will also cover the changes that will affect Minute Menu HX, how to support providers on the new KidKare product, implementing the changes to your current processes, training providers, and developing your roll-out plan!

Trends, Challenges, and Opportunities in Child Care and the Child and Adult Care Food Program

Hector Gutierrez, Rowena Kamo, California Food Policy Advocates

In California - where one in four children lives in poverty - ensuring access to healthy food during child care offers an unequalled opportunity to mitigate the harmful effects of poverty. This workshop will explore recent trends, challenges, and opportunities in child care and the Child and Adult Care Food Program (CACFP). We will debut a new report by California Food Policy Advocates that highlights trends in CACFP access and participation. The presenters will examine access to nutritious foods and discuss opportunities to support young children's well-being. The presentation will cover analyses of recent data from the California Department of Education; web and phone-based surveys with Southern California child care providers; case studies; and the California Child Care Resource and Referral Network's 2015 California Child Care Portfolio. The workshop will also explore policy relevant opportunities for high quality child care and early learning that meet the needs of both California's children and the providers who care for them.

25th Annual CCFP Roundtable Conference Registration



Checks payable to California Food Policy Advocates [CFPA] CFPA's Federal ID Number is 94-3163142
Mail all checks: California Food Policy Advocates [CFPA], c/o Terry Talavera, Options, 13100 Brooks Dr. Baldwin
Park, CA 91706

Organization

Organization Contact Name

Address

City State Zip

Contact phone Email

Conference Registrant(s)

Name and email:

EARLY BIRD (postmarked no later than 9/16/16)

- ☐ \$230 Roundtable Member
- ☐ \$305 Nonmember

REGULAR (postmarked from 9/16/16 to 10/16/16)

- ☐ \$280 Roundtable Member
- ☐ \$355 Nonmember

ON-SITE (10/16/16 or later)

- ☐ \$330 Roundtable Member
- ☐ \$405 Nonmember

ADVISORY COMMITTEE MEMBER

- ☐ \$150 Roundtable Advisory Committee Member

WORKSHOP PRESENTER (9/16/16)

- ☐ \$150 Workshop Presenter/Panelist

ONE DAY ATTENDANCE (Specify which day)

- ☐ \$195 Member/Nonmember-Circle one (Monday, Tuesday or Wednesday)

Pre Conference—Mandatory CDE Annual Training: CACFP

Procurement— Past, Present and Future - You must register for this with Fresno City College Cal-Pro-NET. "Completing this Registration form does not include Pre Conference. Register with Fresno City College Cal-Pro-NET.

Total Enclosed \$ _____ Check # _____

Registration Notes

October 17-19, 2016

WHAT'S INCLUDED: Registration fee, 48 workshops, 4 General Sessions, CACFP Luncheon on Tuesday and a Healthy Start Breakfast on Tuesday and Wednesday.

EARLY BIRD REGISTRATION: Online Registration must be completed before September 16, 2016 to be eligible for the early-bird rate.

LATE REGISTRATION: If you do not complete the online registration and payment (or P.O.) before October 16, 2016 you may still register. You must notify Terry Talavera at (626) 338-4165 to register onsite. There is an increased fee for onsite registration, no purchase orders accepted onsite.

WORKSHOP PRESENTERS' FEE: Presenters and/or panelists that are also conference participants are charged a reduced registration fee of \$150.

CANCELLATIONS: No cancellation refunds after October 1, 2016. A \$75 fee will be charged before October 1, 2016.

REFUNDS: NO REFUNDS AFTER OCTOBER 1, 2016. You may transfer registration from one individual to another.

PURCHASE ORDERS: If you are using a purchase order to pay for registration please complete the online form with PO#, at the applicable registration fee and either email or mail the purchase order.

CFPA's Federal ID Number is 94-3163142

REGISTRATION QUESTIONS:

Terry Talavera:
ttalavera@optionsforlearning.org
Hotel: \$169/night-until September 23, 2016
Hotel Registration: <https://www.omnihotels.com/hotels/palm-springs-rancho-las-palmas/meetings/25th-annual-cacfp-roundtable-conference>

Become a member and SAVE big on your registration fee per person!

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- ☐ \$50 Center or Head Start with 6-15 sites
- ☐ \$75 Center or Head Start with 16-25 sites
- ☐ \$100 Center or Head Start with 26+ sites
- ☐ \$25 Home sponsor with 1-150 homes
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- ☐ \$75 Home sponsor with 501-1,000 homes
- ☐ \$100 Home sponsor with 1001+ sites
- ☐ \$25 Individual affiliate (newsletter only)
- ☐ \$50 Individual affiliate (full membership)
- ☐ \$100 State Agency or corporation





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